

Reflection: Study Abroad



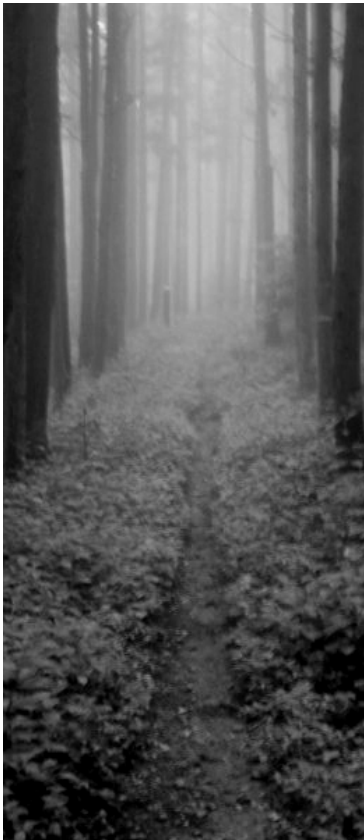
Carry out your reflection while abroad and complete it after returning. Submit it as a word document (1 to 3 pages), blog, video, or photo journal. If it is submitted as a blog, video, or photo journal, please include a document explaining the content, what you learned, and its applicability to your future.

Comprehensive reflections will include these six elements:

1. Where you were
2. When you were there
3. What you learned
(This refers to a lesson that has somehow changed your perspective and that you will be able to apply to your life after Study Abroad).
4. How you learned it
5. Why it matters
6. What you will do in light of it

To submit, go to [MyEEE](#). Sign in, click on “GLCP – Study Abroad,” then on “Assignment – submission,” and “upload files” here.

Note: You may wish to use the questions written below to describe and examine your experience:



~Describe

- Where? (Which country, city, town, local community, etc.)
- What were you doing/did you do (for school work / extra-curricular activities)?
- What kinds of friends did you make (exchange students, locals, college students, etc.)?
- Did you experience cultural or linguistic barriers?

~Examine?

- What did you learn about the country?
- Did anything surprise / shock / worry you?
 - How did you respond?
- Were there miscommunications? How did you overcome them?
- Did you feel welcomed? Why or why not?
- What was your biggest challenge?
 - How did you overcome it?
- What skills did you acquire?

~Articulate

- What did you learn? (fact)
- How did you learn it? (experience)
- Why does it matter? (attach meaning)
- What will you do in light of it? (application)